



ShareInformEnlighten.org

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BOLD CONVERSATIONS WITH

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NAVIGATING SCHOOL: ONE MONTH IN
ACADEMICS - WELL BEING - RESOURCES - FUTURE PLANS

Sponsored by Bold Mynds

Host - Soledad Bolden - Founder & Executive Director

Navigating School

academics - well-being - resources - future plans

- Academic Performance
- Safety and Well-Being
- Resources Available
- Planning for the Future





Academic Performance/Success



Teacher Communication

Parent Teacher Conferences

Technology & Learning Platforms

Homework and Study Skills



Teacher Communication

- Team approach
- Email
- Phone calls
- Middle school teaming
- Conferences with team/teachers

Parent-Teacher Conference

- Progress reports - 5 weeks
- Quarters - 10 Weeks
- Open house/back to school night
- Before the first quarter is over



Technology and Learning Platforms

Examples of district's offerings

- Google Classroom
- Student Information Systems (various)
- Parent Square
- One to one computer devices
 - Firewalls and monitoring ex. Go Guardian

Technology and
Learning Platforms



Homework

- Make sure your child has a quiet place to complete homework
- Establish a routine time for homework
- Emphasize learning over outcomes

Study Skills

- Take advantage of tutoring or extra help
- Study everyday - read notes
- Study with a friend
- Create a quiet space
- Stop if you are not being productive
- Flash cards



Test Taking Skills

- Prepare well in advance
- Read over the test and decide your approach
- Start with an easy question
- Do not hesitate to ask for clarification
- Activity reduces anxiety
- Relax yourself physically
- Focus on the test



Student's Well-Being



Social/Emotional & Safety Protocols

Typical Teen Behavior

- Struggle with their identity – for instance, obsessing over their appearance
- Feel awkward about their changing bodies
- Switch between being overconfident and having poor self-esteem
- Follow friends' examples in clothing and activities
- Find fault with their parents
- Revert to childish behavior, such as slamming doors and crying



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Pediatrician Rina Lazebnik, MD
uhhospitals.org

Signs That Raise Concern

- Extreme change in school performance
- Signs of alcohol or drug abuse, including frequent red-rimmed eyes or the presence of drug supplies
- Inability to perform homework, household chores or other activities
- Numerous complaints of illness – teen who frequently complain of headaches and other symptoms when there is no physical cause may be more likely to suffer from depression later in life
- Frequent angry outbursts or extreme opposition to authority
- Violent threats or behavior
- Truancy, theft, fire-setting or vandalism
- Fear of becoming obese even though body weight is normal
- Preoccupation with anti-social music if accompanied by disturbing behavior changes
- Signs of depression, including prolonged sad mood, changes in appetite and thoughts of death



What is a Lockdown?

- A lockdown is the response to a potential threat from inside, or around, the school building. It requires all staff and students to move to safe areas within locked classrooms and offices.

Who Does a Lockdown Impact?

- The lockdown seeks to ensure the safety of all students and staff within the building. The New York State Safe Schools Against Violence in Education Law (known as Project SAVE) requires each school district to conduct four lockdown drills each year. The execution of these drills allows schools to ensure that they have an effective system in place to respond to a potential threat from inside, or around, the school building.

During a lockdown, students are expected to:

- Proceed to the nearest classroom or office and remain there through the duration of the drill.
- Remain in the classroom or office and follow all directions of faculty and staff.



What is a Lockout?

- A lockout is the response to a potential threat from outside of a school building. It requires the school to confirm that they have locked and secured all exterior doors and limited the building to a single point of entry.

Who Does a Lockout Impact?

- A lockout seeks to ensure the safety of all students and staff within the building.

During a lockout students are expected to:

- Remain in class until the lockout is over.
- If a lockout is announced in between classes, students should report to their next scheduled class and remain there until the lockout is over.
- Listen closely for announcements, as students and staff may be differently advised based on communication with Administrative Office and local authorities.



NY STATE EMERGENCY RESPONSE **S.H.E.L.L.**

SCHOOL NAME:

911 ADDRESS:



SHELTER-IN-PLACE

SHELTER STUDENTS AND STAFF INSIDE THE BUILDING BECAUSE IT IS SAFER INSIDE THE BUILDING THAN OUTSIDE.

ACTIONS:

- Listen for instructions about the situation and your actions.
- Students in hallways should return to assigned classroom, if possible.
- Classroom teachers, take attendance.
- All other staff assist students, as needed.
- Move away from windows, if situation warrants.
- If instructed, move out of classroom to designated safe area. Stay together at all times.
- Take Attendance.
- Listen for updates.



HOLD-IN-PLACE

RESTRICT MOVEMENT OF STUDENTS AND STAFF WITHIN THE BUILDING WHILE DEALING WITH SHORT TERM EMERGENCIES.

ACTIONS:

- Listen for instructions about the situation and your actions.
- Students in hallways should return to assigned classroom, if possible.
- Classroom teachers, take attendance.
- All other staff assist students, as needed.
- Listen for updates.



EVACUATE

EVACUATE STUDENTS AND STAFF FROM THE BUILDING.

ACTIONS:

- Listen for instructions about the situation and your actions.
- Lead students to designated assembly or announced assembly area. Use secondary route, if necessary.
- Bring attendance list and class roster.
- Close the classroom door after exiting.
- Take attendance when safe to do so.
- If evacuating off site, take attendance before moving from and upon arrival at off site location.
- Listen for updates.



LOCKOUT

STUDENTS AND STAFF REMAIN INSIDE LOCKED **SCHOOL BUILDINGS** DURING INCIDENTS THAT POSE AN IMMINENT CONCERN **OUTSIDE** OF THE SCHOOL.

ACTIONS:

- Listen for instructions regarding the situation and your actions.
- Lock all exterior doors and windows.
- Leave blinds/lights as they are.
- Take Attendance.
- After initial instructions, listen for updates.
- Classroom instruction continues as normal.
- All outdoor activities are terminated.
- Listen for updates.



LOCKDOWN

SECURE STUDENTS AND STAFF INSIDE LOCKED **CLASSROOMS** DURING INCIDENTS THAT POSE AN **IMMEDIATE THREAT OF VIOLENCE** IN OR AROUND THE SCHOOL.

ACTIONS:

- When you hear LOCKDOWN, LOCKDOWN, LOCKDOWN announced, move quickly to execute the following actions.
- If safe, gather students from hallways and common areas near your classroom.
- Lock your door. Barricade if necessary.
- Move students to a safe area in the classroom out of sight of the door.
- Leave windows, blinds/lights as they are.
- Keep everyone quiet. Silence cell phones.
- Take attendance, if possible.
- Do not communicate through door or answer room phone.
- Do not respond to P.A. announcements or fire alarm.
- Stay hidden until physically released by law enforcement personnel.



RESOURCES AVAILABLE

get the support and information you need



Resources Available

For You and Your Child



Teachers

Course Work

Extra Help

Status of Grades and Participation



School Counselor

Social/Emotional

Academic Supports

Post-Secondary Education

Events/Programs

Questions to Ask *School Counselor*

- What is the best way to reach you?
- What grade levels do you meet formally with my child?
- When is scheduling of classes for the following school year?
- What is a resource tool my child and I can use to research colleges?
- Do you have college fairs on campus? When?
- When should my child take college entrance exams?



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Resources Available

For You and Your Child



School Social Workers

- Link students and families with appropriate community services
- Facilitate services targeted students with particular needs
- Group and individual counseling

School Psychologist

- Administer, analyze and interpret psychological and psycho-educational assessments
- Select and implement appropriate evidence based specialized assessments
- Promote success for targeted students with particular needs

Resources Available

Board of Education

Attend BOE Meetings
BOE Minutes on District Website
Important Decisions Made
Speaking Opportunities for Public

Future Planning

Extra-Curricular Activities
Post-Secondary Planning



Laying The Foundation

parent agent role



- Make sure your child knows that you have his or her best interest in mind at all times
- Make yourself available - schedule time to help them
- Be deliberate about what you want to achieve
- You must serve as their guide
- You must be honest with your child in addition to encouraging them



Extra-Curricular Activities

- Clubs
- Honor societies
- Athletics
- Daily announcements
- Advisors



Post-Secondary Planning

- Career exploration
- College exploration
- Course grades
- Course rigor
- Standardized tests
- College visits





New York State Education Department

The New York State Education Department is part of the University of the State of New York (USNY), one of the most complete, interconnected systems of...

nysed.gov

New York State Education Department



State Assessment

The Office of State Assessment (OSA) is responsible for the coordination, development, and implementation of the New York State Testing Program (NYSTP). These examinations are administered to students in Kindergarten...

[New York State Education Department](#)

NYSED - Assessment Office



General Education and Diploma Requirements

GRADUATION MEASURES REVIEW

[New York State Education Department](#)

NYSED General Education and Diploma Requirements





Let's Talk...
get to know your child



Conversations

why this matters

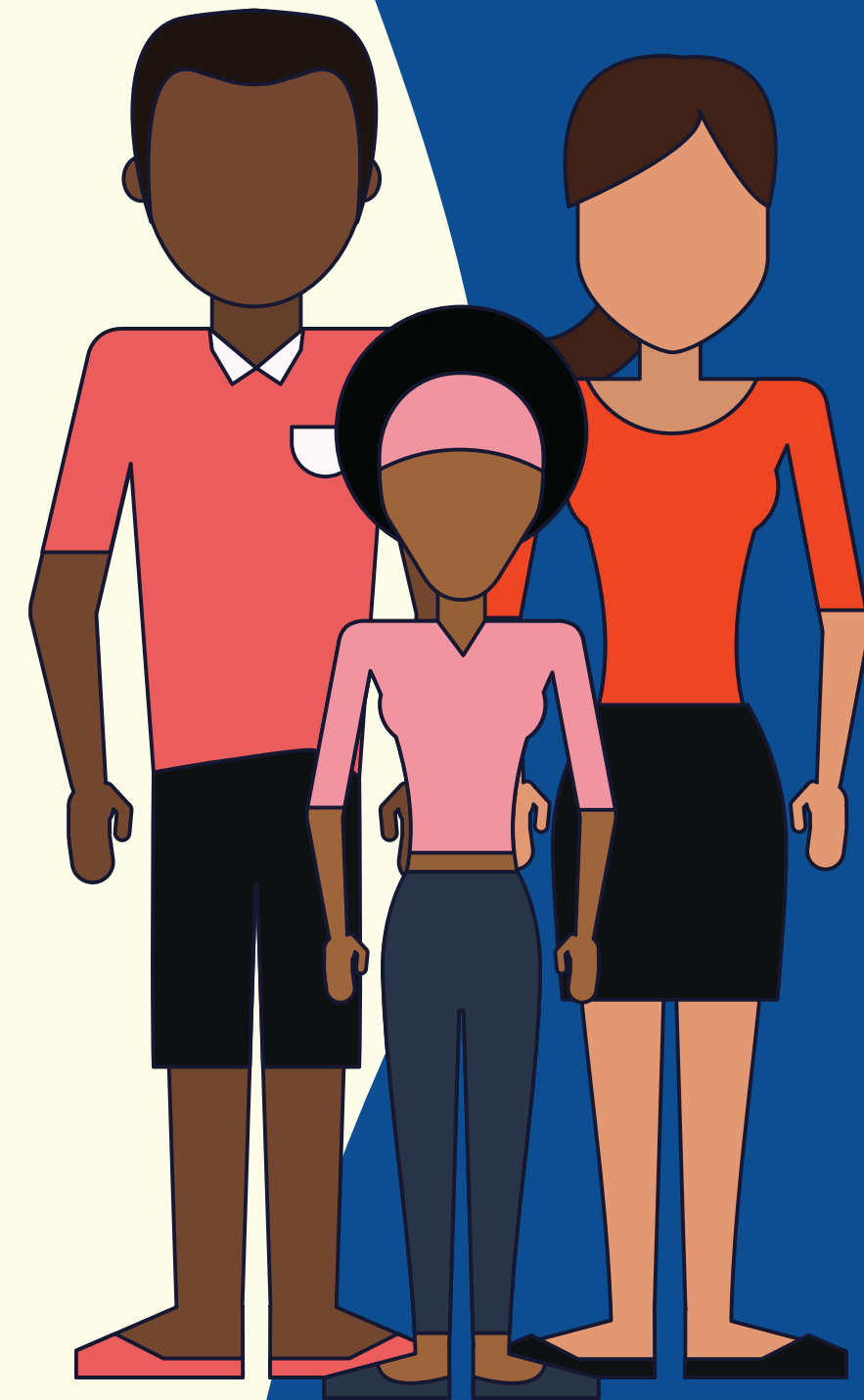
- Discover uniqueness
- Give voice
- Find best opportunities
- Support future goals



Questions to Ask Your Child

can we talk

- What is your favorite thing to do?
- Who is your best friend? Why?
- How do you see your life in the future?
- What is the best thing about being you?
- What makes you happiest?



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